

ADULT MASK WITH SIDE BINDING AND ELASTIC TUTORIAL

1. MATERIALS PREPARATION

8 by 14 inch rectangle fabric with notches as seen on the pattern

On both sides of the 14 inch length as shown in the pattern.

Optional medium weight Fusible or non-fusible non-woven interfacing.

Two strips of $\frac{1}{4}$ inch wide elastic 7 inches long each.

Two pieces of fabric for binding $2\frac{1}{4}$ " by 5 inches long

** Use pre-washed 100% cotton tightly woven fabric



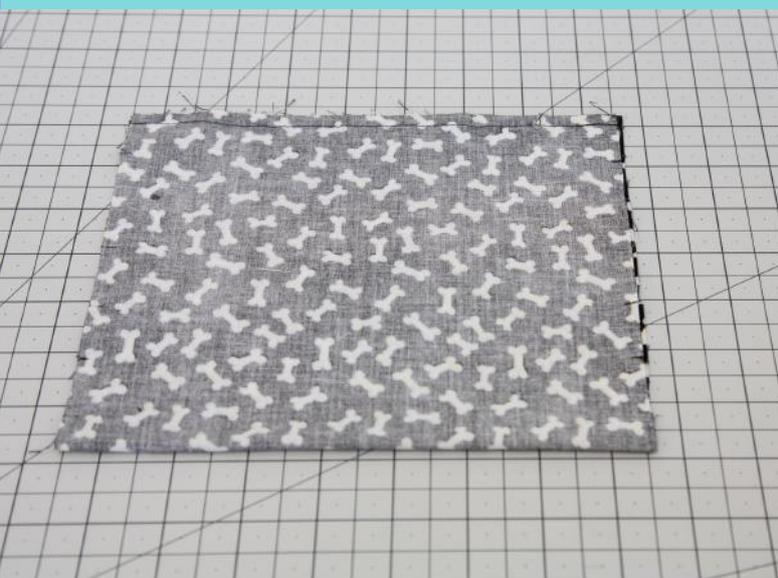
2.



**Optional–Iron-press fusible interfacing or simply place non fusible interfacing on the wrongside of fabric and treat self and interfacing as one piece from this point forward.

1.Fold fabric in half right sides together so 14 inch piece becomes 7"

2.Sew $\frac{1}{4}$ inch seam along the top (this will anchor the optional non fusible interfacing inplace)





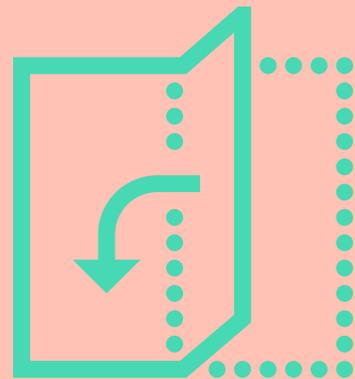
3.



Turn right side out and press.



4.



Fold binding pieces in half so they are folded down the middle of the long side wrong sidestogether, as shown.





5.



Fold and press pleats two toward the folded side one toward the seamed side. Press to hold, it will be easier to sew if you don't need the pins.

6.



Place elastic using baste stitch or pins or just hold in place as you sew.



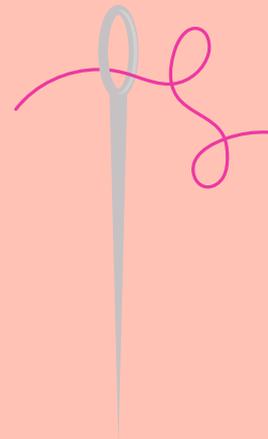
7.

Line up raw edge of binding (kept folded) with raw edge of outside on mask.

Sew the binding, pleats, and elastic with this $\frac{1}{4}$ inch seam sewn on the elastic side so you can see the elastic's placement.



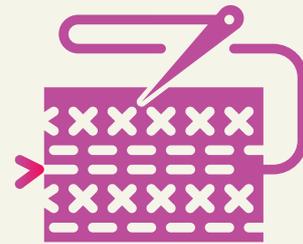
8.



Turn Binding outward, then fold over all seams allowances Enclosing all raw edges (also see Photo 9)



9.



Stitch in place along the very edge of the binding feeling with your finger as you go to follow along the edge of the binding on the other side to help keep the stitch on the other side tidy.

10.



1. Fold Mask in half (fold side of fabric is top and seam side of fabric is the bottom) Mark 1" from center on each side.

2. Sew nose darts approximately $\frac{1}{4}$ " seam allowance to 0 with a dart length of $\frac{3}{4}$ " to 1". Sometimes it is easier to go from 0 to $\frac{1}{4}$ " but either way your mask should be lined up at the angle so you sew straight but end up with a stitch/seam at an angle on the mask.

Mask is worn darts side in.