

SIMPLE MASK SEW NON BINDING TUTORIAL (WITH KID SIZE ADJUSTMENTS)



1. MATERIALS PREPARATION

Cut 1 Rectangle Fabric 14 X 8 inches

Cut 2 strips of ¼ inch wide elastic 7" long each

OPTIONAL Cut 1 Rectangle 14 by 8 inches of Medium Weight Non-Woven (fusible or non-fusible) Interfacing

For Kid Size

Cut 1 Rectangle Fabric 12 X 7 inches

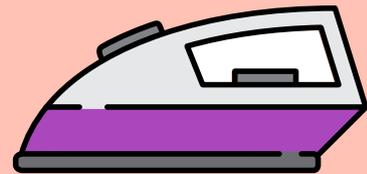
Cut two Strips of elastic 6 ½ inches long

OPTIONAL Cut 1 Rectangle 12 X 7 inches of Medium Weight Non-Woven (fusible or non-fusible) Interfacing

** Use pre-washed 100% cotton tightly woven fabric



2.



OPTIONAL

Attach the fusible non-woven interfacing to the “wrong side” of the fabric with an iron press, non-fusible can just be held in place. Treat the self and interfacing as one piece

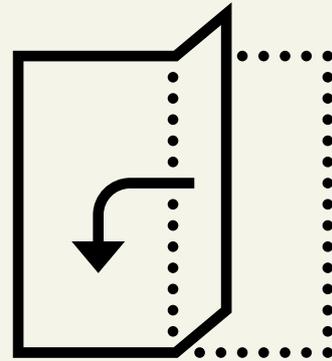


LINK MAKE GIVE

A LITTLE HELP GOES A LONG WAY



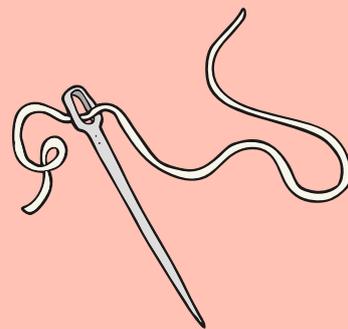
3.



Fold the fabric in half and mark the middle with chalk or a small notch



4.



Stay Stitch the elastic $\frac{1}{4}$ from the top and at the center “notch” or Chalk mark, repeat on the other side as a mirror. Both pieces of elastic will be attached to the top half of the rectangle.



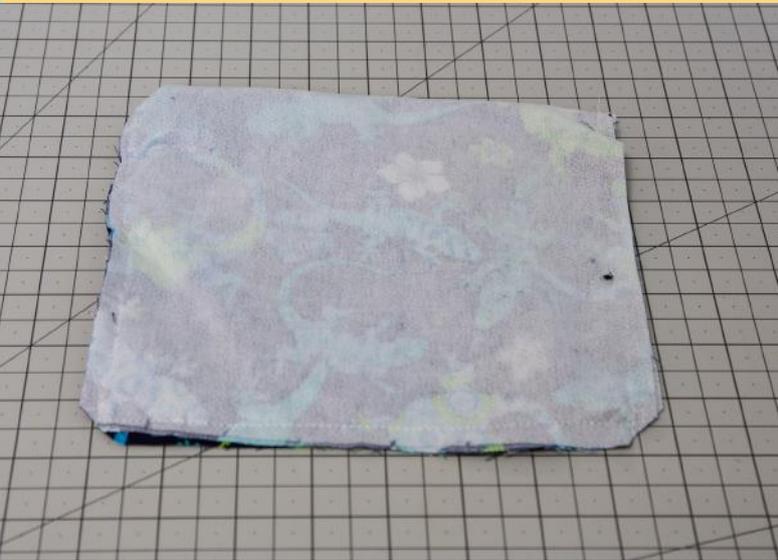


5.

1. Fold fabric in half “Right Sides Together” making sure that only the [arts of the elastic that are supposed to be attached are in the seam line.

2. Stitch all 3 sides (folded side does not need to be sewn) with a straight 2.5–3.0 stitch length, leave about a 2 inch opening on the side so you can turn the mask right side out

Snip the corners to remove bulk and be able to get a tight corner when turned right side out



6.

1. Turn mask right side out and press flat, especially all the edges.

2. Fold seam allowances at the opening to the inside and press.

3. Use chalk or pins to mark where the pleats will go at $\frac{3}{4}$ " from top then 1" below that repeat twice for adult size repeat once for kids size.





7.



Fold the pleats
ironing as you go
using the marks you
just made.



8.



3 pleats total.





9.



Top Stitch $\frac{1}{4}$ " in on all 4 sides.

Press

